



## Crested Butte Wheels of Intention

(cbwheelsofintention.org)

### What are Intentions?

The Crested Butte Wheels of Intention public art project is collecting community intentions to be placed inside our wheels. These intentions are heart-felt desires that uplift, bring joy, love and respect to our greater community. These intentions are meant for you, your family, your neighbors, your community, for our watershed, for all species, for all communities, for global peace, love, generosity and for all things positive and good.

Inside our wheels is a traditional Tibetan “Tree of Life” spindle— locally sourced wood, painted and inscribed with mantra by Lama Gyurme – a Tibetan sacred art artist ([www.lamagyurmed.com](http://www.lamagyurmed.com)) from Santa Fe, NM. These mantras cultivate seeds of goodness and good fortune; and through this project, we honor our interconnections with other mountain cultures. Together, we celebrate our mountain majesties. They are the sentinels of our communities and to our way of life.



*figs: Tree of life. Traditional mantra scrolls with om mani padme aum. Tree of Life inside CB Wheel of Intention.*

The tree of life spindle will be wrapped with a traditional scroll sourced from Ladakh—a small country in the Himalayas. This scroll will contain our community sourced intentions. When the wheels are spun, the intentions release good tidings into our mountain ethers!

We invite you to contribute an intention to our wheels.

### How to write an intention

Intention is an aim that guides action. Intention is the force that rolls determination and spirit into one and hurls it into the universe. Intentions can take many forms including: poems, one-liners, heart-inspired passages, prayers, welcome statements, pledges, pictures, paintings, art, aspirations, inspirations, love songs, Mission statements, land acknowledgements, symbols of peace, love, generosity...thoughts that uplift all!

To write an intention, settle into your being. Connect to your heart and sense of place in Crested Butte. What do you love about this valley, this community, these mountains, rivers and streams? What drew you to this place and what is your top desire for Crested Butte and the Gunnison Valley? Be genuine, visualize, imagine, think of your friends; think of the past, present and future. Draw, write, express an intention and share! Thank you!

Each of our 8 wheels represents a community attribute. Contemplating these wheel themes may help inspire intentions:

- Community Collaborations: Together we are Strong
- Peaceful Abiding: Welcome, Wander and Wonder
- Hills are Alive: Inspired by Nature
- Oh Be Joyful: Valley of Infinite (recreation) Delights
- Sacred, Wild and Free: Mischief, Magic and Mystery
- Thirst for Knowledge: Imagination, Inspiration & Intellect
- Life in Paradise: Diversity, Place and Heritage
- Our Wonderous Watershed: Water is Life

#### **Who should Submit Intentions?**

Everyone! We want our wheels filled with intentions from a wide representation of our Valley. Tell your friends, set intentions with your family - invite your co-worker, your neighbor, your pet, the plants and animals all to contribute. Let's stuff these wheels with positive intentions from all!

***Our only request is that you keep your intentions positive and inclusive.***

#### **Send intentions to:**

- [info@cbwheelsofintention.org](mailto:info@cbwheelsofintention.org)
- Drop off at Library in CB Wheels of Intention box
- Attend an Intention setting event on 4/14, 6 pm, CB Library

\*If you want your name listed on our website as a community collaborator, please let us know.

**For more information:** visit [www.cbwheelsofintention.org](http://www.cbwheelsofintention.org) and watch Nathan Bilow's video.